



Alternative Two™

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How Do We Stop Aging Prematurely?

According to the Federal government, Americans live an average of 73.7 years, but spend their last 11.7 years in "dysfunctional life", which is marked by disease and impairment. This must mean that aging factors are beginning to create degenerative disease changes in our bodies long before the age of 62. In fact, studies have determined many degenerative disease processes begin in a person's 20s. Consider that research have shown that humans are biologically "set" to live well into their 120th year.

When looking at premature aging research scientists have determined that impaired mitochondrial function is one of the primary contributors to the aging process. The mitochondria (the plural of mitochondrion) are commonly referred to as the "powerhouses" of the cell. Mitochondria consume over 80% of the oxygen we breathe and make over 90% of the energy our cells need to function.

The mitochondria have been found by the physiologists to oscillate at 10Hz. It is called the Mitochondria Membrane Potential. The oscillating rate of mitochondria correlates to the harmonic frequency of the earth, which represents a bell-shaped curve between 7.8 and 9.6 Hz, but it is most widely known as 10 Hz. Mitochondria often become impaired due to genetic mutation, toxicity, stress, EMF pollution, infection, severe temperature changes, etc.

Defects in mitochondrial function have now been linked to many of the most common diseases of the aged population. People are now coming down at a very early age with diseases that were previously known to be diseases of the aging. These include Type II Diabetes Mellitus, Parkinson Disease, Atherosclerotic Heart Disease, Stroke, Alzheimer Dementia, and Cancer. Even autoimmune diseases such as Multiple Sclerosis, Systemic Lupus Erythematosus, and Rheumatoid Arthritis appear to have mitochondrial components.

So what can we do to help the mitochondria function properly? The easiest way to stabilize mitochondrial frequency is by introducing a constant 10 Hz stimulation. Alternative Two has devised a way to embed harmonic frequencies into the human biofield. This is done by simply watching a color therapy DVD with embedded frequencies. By aligning the body with the electromagnetic field of the earth we allow the mitochondria in every cell of the body to produce enough energy to combat disease. Healing Colors DVD also alleviates the discord in the body by reducing the effects of EMF, increasing energy and stamina, and strengthening resilience to stress.

For additional information on Healing Colors DVD please visit www.healingcolordvd.com or contact:

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